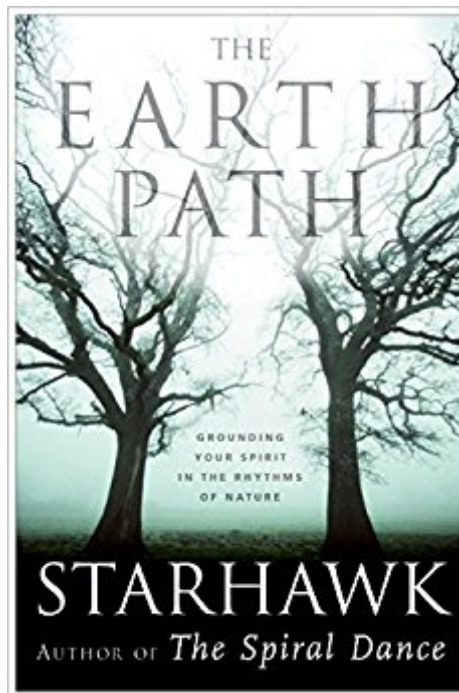




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# **The Earth Path: Grounding Your Spirit In The Rhythms Of Nature**



## Synopsis

America's most renowned witch and ecofeminist offers a sequel to her bestselling classic *The Spiral Dance*, weaving together the latest findings in environmental science with magical spells, chants, meditations and group exercises to create the ultimate primer on our relationship to the earth. From the earliest times, respecting our interdependent relationship with nature has been the first step toward spirituality. Earth, air, fire and water are the four elements worshiped in many indigenous cultures and celebrated in earth-based spiritualities such as Wicca. In *The Earth Path*, America's best-known witch offers readers a primer on how to open our eyes to the world around us, respect nature's delicate balance, and draw upon its tremendous powers. Filled with inspiring meditations, chants, and blessings, it offers healing for the spirit in a stressed world and helps readers find their own sources of strength and renewal. Will appeal to Starhawk's traditional Pagan, New Age, and feminist readership. Young women newly interested in magic and witchcraft. A new and growing generation of those involved in ecology

## Book Information

Paperback: 256 pages

Publisher: HarperOne (October 11, 2005)

Language: English

ISBN-10: 0060000937

ISBN-13: 978-0060000936

Product Dimensions: 5.3 x 0.6 x 8 inches

Shipping Weight: 9.6 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars 48 customer reviews

Best Sellers Rank: #216,411 in Books (See Top 100 in Books) #71 in Books > Religion & Spirituality > New Age & Spirituality > Goddesses #240 in Books > Religion & Spirituality > New Age & Spirituality > Wicca, Witchcraft & Paganism > Wicca #390 in Books > Religion & Spirituality > New Age & Spirituality > Wicca, Witchcraft & Paganism > Witchcraft

## Customer Reviews

Fans and followers of Starhawk (*The Spiral Dance*; etc.), a founding member of the Reclaiming Tradition of Witchcraft, will welcome her latest offering. Well organized, each chapter contains reminiscences of personal and group experiences, exercises and suggestions for prayer and ritual. Many of her tenets apply not only to those interested in the practice of Wicca but to readers seeking a better understanding of the world around them: "Once we have learned to hear, then we can

begin to understand. And only after we understand do we begin to speak, to intervene." Yet she astutely cautions: "To change a drum rhythm in a group of drummers, you first have to match it and join with it. But when you are within a system, part of the whole, that system is also changing you. It is difficult to maintain your own rhythm and not simply become part of what you are trying to change." Starhawk presents an array of exercises and practices for sharpening observation and listening skills. She engages readers' spirits and minds through her illustrative storytelling, offering ways to communicate more fully with the world and suggesting ways to act. While those unfamiliar with her passion for protest may find themselves distracted by the all-too-frequent appearance of her political soapbox, they will appreciate her tools for connecting with nature. Copyright © Reed Business Information, a division of Reed Elsevier Inc. All rights reserved. --This text refers to an out of print or unavailable edition of this title.

Starhawk is the author of nine books, including her bestselling *The Spiral Dance*, *The Pagan Book of Living and Dying*, and *Webs of Power*, winner of the 2003 Nautilus Award for social change. She has an international reputation, and her works have been translated into many different languages. Starhawk is also a columnist for [beliefnet.com](http://beliefnet.com) and ZNet. A veteran of progressive movements who is deeply committed to bringing the techniques and creative power of spirituality to political activism, she travels internationally, teaching magic, the tools of ritual, and the skills of activism. Starhawk lives part-time in San Francisco, in a collective house with her partner and friends, and part-time in a little hut in the woods in western Sonoma County, where she practices permaculture in her extensive gardens and writes.

This is a beautifully written book. I am not yet finished with it but I recommend all of Starhawk's books. She is a revolutionary writer and thinker. The main message so far... Get deeply connected to the earth... know your local place, and preserve, conserve, protect and love the 4 sacred things The earth for which provides all of our abundance, the air that is the very breath we all breathe, water, that flows through the earth as it flows through our veins and fire/sun/life force that ignites everything into being.

Interesting perspective weaving current science with spirituality. While I appreciated the author's willingness to engage in peaceful protest, that part was less relevant to me. The information on permaculture was great. I came away from this book both despairing and uplifted. If you are expecting a lot of Neo-Paganism, there were references to it, but not that much detail. If you've seen

any of Starhawk's more recent interviews, this book is more about the earth than about the spirituality and practice side.

This book takes me back to witch camp, which I attended for 4 years. It teaches basic knowledge of the 4 elements and how to incorporate them into your life. And teaches important lessons every one of humankind should know about. Starhawk is incredibly intelligent and has a way with words that captivates anyone who has had the pleasure of her company in ritual or just to talk with.

What an inspiration that human being is. Full of appreciation for her message to the world.

As always, Starhawk delivers.

This is an excellent book. I started out with the hardback book years ago and bought Kindle version when I bought my iPad. I have read this book multiple times. I listen with my spirit and my heart on what the book is telling me.

I am so glad I found this book. There are many many beginners books out there and I am grateful to have found this more advanced book. It is full of tons of usable information and has inspired me both as a witch and as a lover of the earth. I will look for more books by this author.

I would actually give this book a 4.8--it's just that the print is on the small side, so it was difficult for me to read even with my reading glasses. Worth it, though. Very in-depth perspectives on our role hand-in-hand with the Earth.

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